



**Johns Hopkins School of Medicine  
Department of Geriatric Medicine and Gerontology  
presents**

**Edmund G. Beacham 52<sup>nd</sup> Annual Current Topics in Geriatrics  
February 27-March 1, 2025  
Johns Hopkins Bayview Medical Center  
Richard A. Grossi Auditorium  
Asthma and Allergy Center**



Dr. Beacham's vision when he developed the course in 1972 was to provide scientifically based practical, clinical talks focused on improving the health care of individual seniors. It is in that spirit that we dedicated Topics in Geriatrics to his memory when he died in May 2008 at the age of 93. Through this and subsequent courses, we will bring together many of his trainees and colleagues to give the sort of talks he demanded.

### **DESCRIPTION**

As the older adult population lives longer and becomes increasingly diverse, it is imperative that we offer high quality continuing education in the care and management of geriatric patients. Most physicians have received very little or no formal geriatrics training, despite this growing trend in the number of older adults they care for. This activity is designed to provide practical information to clinicians and healthcare professionals who care for older adults. It will address the specific challenges faced including dementia, brain health, and the complexity of multimorbidity and impact on older adults and the health care team. It will improve knowledge about diseases and syndromes common in the older adults and offer practical and effective guides to their management and address cultural competence in providing care.

**We wish to acknowledge the support of the Johns Hopkins Geriatrics Workforce Enhancement Program.**

### **WHO SHOULD ATTEND**

This activity is intended for geriatricians, internists, family practitioners, physician assistants, nurses, nurse practitioners, social workers, pharmacists, physical therapy, and other health professionals involved in caring for seniors.

### **OBJECTIVES**

After attending this activity, the learner will demonstrate the ability to:

- Identify common geriatric syndromes and approaches to and limits of management of specific disease of organ systems that are common in older adults (Dementia, CHF, Diabetes, and Polypharmacy).
- Recognize the growing diversity in the older population and awareness of health inequities when providing care to meet their individual needs.
- Describe the path from diagnosis to management of a person with dementia and the role of the health care team.
- Describe important research developments that influence the clinical care of geriatric patients.

## **ACCREDITATION STATEMENT**

The Johns Hopkins University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.



## **CREDIT DESIGNATION STATEMENT**

The Johns Hopkins University School of Medicine designates this live activity for a maximum of 18.0 *AMA PRA Category 1 Credits*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## **POLICY ON PRESENTER AND PROVIDER DISCLOSURE**

It is the policy of the Johns Hopkins School of Medicine that the presenter and provider globally disclose conflicts of interest. The Johns Hopkins School of Medicine OCME has established policies in place to identify and mitigate relevant conflicts of interest prior to this educational activity. Detailed disclosure will be made prior to presentation of the education.

## **OTHER CREDITS**

**American Academy of Family Physicians** - Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

**American Academy of Nurse Practitioners National Certification Program** accepts *AMA PRA Category 1 Credit*<sup>™</sup> from organizations accredited by the ACCME.

**American Nurses Credentialing Center (ANCC)** accepts *AMA PRA Category 1 Credit*<sup>™</sup> from organizations accredited by the ACCME.

## **National Commission on Certification of Physician Assistants (NCCPA)**

PAs may claim a maximum of 18.0 Category 1 credits for completing this activity. **NCCPA** accepts *AMA PRA Category 1 Credit*<sup>™</sup> from organizations accredited by ACCME or a recognized state medical society.

The **Maryland Board of Social Work Examiners** certifies that this program meets the criteria for 18.0 credit hours of Category 1 or 1.80 CEUs of continuing education for social workers licensed in Maryland. The Johns Hopkins University School of Medicine is an approved sponsor of the Maryland Board of Social Work Examiners for continuing education credits for licensed social workers in Maryland.

The Johns Hopkins University has approved this activity for 18.0 **contact hours for non-physicians**.

## GENERAL INFORMATION

### REGISTRATION

(Pre-Conference) Thursday, February 27, 2025 – 7:00-7:30 AM ET

(Conference) Thursday, February 27, 2025 – 9:00-9:55 AM ET

### LOCATION

Richard A. Grossi Auditorium  
Johns Hopkins Bayview Medical Center  
Asthma and Allergy Center  
5501 Hopkins Bayview Circle  
Baltimore, MD 21224

The Richard A. Grossi Auditorium is located in the Asthma and Allergy Center on the Johns Hopkins Bayview Medical Center Campus. Parking is available in the Mid-Level Lot and East Campus Parking Garage for a fee. Handicapped parking is available nearby. Complimentary round-trip transportation for attendees staying at conference headquarters hotel will be provided.

**Johns Hopkins is smoke-free.**

### FEES

**REGISTRATION CUT-OFF DATE: February 20, 2025**

Register Online:

<https://hopkinscme.cloud-cme.com/aph.aspx?P=5&EID=52646>

**Methods of Payment: Learners must register and submit full payment prior to the start of the activity.** On-site payments can only be accepted if made by learners via credit card through the online portal by 5:00 p.m. ET on the first day of the activity. The registration fee includes instructional materials, continental breakfasts, refreshment breaks and lunches.

### In-Person Attendance

Physicians In-person...\$550

Residents/Fellows In-person ...\$450

Nurses/NPs/PAs/Allied Health Professionals In-person...\$450

### Virtual Attendance

Physicians Virtual...\$450

Residents/Fellows Virtual...\$350

Nurses/NPs/PAs/Allied Health Professionals Virtual...\$350

You will receive a confirmation by e-mail. If you have not received it by February 20, 2025, email [cmenet@jhmi.edu](mailto:cmenet@jhmi.edu) to confirm that you are registered. A transcript of attendance will be available upon attestation of your credit hours and submission of the post activity online evaluation.

The Johns Hopkins University reserves the right to cancel or postpone any activity due to unforeseen circumstances. In this event, the University will refund the registration fee but is not responsible for travel expenses. Additionally, we reserve the right to change the venue to a

comparable venue. Under such circumstances registrants will be notified as soon as possible.

### **LATE FEE AND REFUND POLICY**

A \$50.00 late fee applies to registrations received after 5:00 p.m. ET on Thursday, February 20, 2025. A handling fee of \$50.00 will be deducted for cancellation. An additional fee may apply for cancellation of other events, including workshops and social activities. Refund requests must be received by fax or mail by February 20, 2025. No refunds will be made thereafter. Transfer of registration to another Johns Hopkins activity in lieu of cancellation is not possible.

### **SYLLABUS**

The syllabus will be accessible online and via your mobile device in the CloudCME App prior to the activity.

### **SYLLABUS AND LOG IN INFORMATION**

The syllabus and Zoom webinar link will be accessible online and via your mobile device in the CloudCME App one week prior to the activity start date. An email reminder will be sent. To access, please visit our website: CME Website: <https://hopkinscme.cloud-cme.com>  
(Sign In, Click My CME tab, Click Syllabus)

### **HOTEL AND TRAVEL INFORMATION**

#### **Canopy by Hilton Baltimore Harbor Point**

1215 Wills Street  
Baltimore, MD 21231  
Phone: 443-960-8681  
Fax: 443-960-8671

**Hotel Registration Cut-Off Date: January 27, 2025**

**A limited block of sleeping rooms has been reserved for your convenience and will be available on a first come, first served basis.**

The Canopy by Hilton Baltimore Harbor Point is a waterfront hotel in Harbor Point overlooking the Patapsco River and nestled between Fells Point and Harbor East. Make your reservation online:

<https://www.hilton.com/en/book/reservation/deeplink/?ctyhocn=BWIHPPY&groupCode=JHU&arrivaldate=2025-02-26&departuredate=2025-03-01&cid=OM,WW,HILTONLINK,EN,DirectLink&fromId=HILTONLINKDIRECT>

or call the hotel directly and specify that you are attending the **Beacham Geriatrics Conference** to receive the special group rate of \$209.00, single or double, plus tax. On-site parking is available at an additional charge. Check-in time is 4:00 p.m. Check-out time is 12:00 p.m.

### **HOW TO OBTAIN CREDIT**

Post activity, an online evaluation will be available to attendees to evaluate the activity and individual presentations and to identify future educational needs. Upon completion of the evaluation, the learner must attest to the number of hours in attendance. Credits earned will be added to the learner's transcript and immediately available for print. **The last day to access the evaluation and attest to your credits is April 15, 2025.**

An outcome survey will be sent to all physician attendees within two months post activity to assist us in determining what impact this activity had on the learner's practice.

### **AMERICANS WITH DISABILITIES ACT**

The Johns Hopkins School of Medicine fully complies with the legal requirements of the ADA and the rules and regulations thereof. *Please notify us if you have any special needs.*

### **TO REGISTER *or* FOR FURTHER INFORMATION**

Register Online

<https://hopkinscme.cloud-cme.com/aph.aspx?P=5&EID=52646>

Register by Phone	(410) 502-9636
Register by Fax	(866) 510-7088
Confirmation/Certificates/Transcripts	(410) 502-9636
General Information	(410) 955-2959
E-mail the Office of CME	<a href="mailto:cmenet@jhmi.edu">cmenet@jhmi.edu</a>

Follow us on Twitter: <http://twitter.com/HopkinsCME>

Facebook: <http://www.facebook.com/HopkinsCME>



Check out our mobile app CloudCME.  
Organization Code: **HopkinsCME**

For technical assistance with website, CloudCME or credits, please visit our tech support help page: <https://hopkinscme.cloud-cme.com/about/help>

For general information, please visit the activity webpage at <https://hopkinscme.cloud-cme.com/aph.aspx?P=5&EID=52646>

The Johns Hopkins School of Medicine did not solicit or receive commercial funding from any ineligible companies, including pharmaceutical and medical device manufacturers, for this activity.

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## **PROGRAM**

**Thursday, February 27, 2025**

- 7:00 - 8:00 Pre-Conference Registration and Breakfast
- 7:50 - 8:00 **Welcome and Conference Goals**  
Jessica Colburn, MD
- 8:00 - 9:30 **Pre-Conference Lecture: Brain Health**  
Moderator: Sevil Yasar, MD  
Panel: Danella Cayea, MD, MS; Danielle Powell, AuD PhD; and Ingrid Tulloch, PhD; and Cindy Van, PharmD
- 9:00 - 9:55 Conference Registration
- 9:55 - 10:00 **Welcome and Conference Goals**  
Jessica Colburn, MD
- 10:00 - 10:30 **Cardio Testing: Which one do I order?**  
Marlene Williams, MD
- 10:30 - 11:00 **Health Equity**  
Chanel Whitaker, PharmD, BCGP, FASCP
- 11:00 - 11:30 **The GUIDE Model**  
Halima Amjad, MD, PhD and Quincy Samus, PhD, MS, BA
- 11:30 - 11:50 **Panel Q & A**  
Marlene Williams, MD, Chanel Whitaker, PharmD, BCGP, FASCP; Halima Amjad, MD, PhD; and Quincy Samus, PhD, MS, BA
- 11:50 - 12:50 *Lunch*
- 12:50 - 1:50 **Breakout Session 1**
- 1A. Back Pain**  
Danelle Cayea, MD  
Room Assignment: Grossi Auditorium, 1<sup>st</sup> Level
- 1B. The 4 Ms: Engaging the Team and the Wellness Visit**  
Naaz Hussain, MD and Kellie Renich, RN  
Room Assignment: Norman Library, 2<sup>nd</sup> Level
- 1C. Mindfulness for the Provider**  
Neda Gould, PhD  
Room Assignment: BOHA Conference Room, 1<sup>st</sup> Level  
*Not offered virtually*
- 1D. Office Procedures for Primary Care**  
Phil Magidson, MD, MPH  
Room Assignment: Andres Conference Room, Burton Building  
*Not offered virtually*
- 1:50 - 2:00 *Break and Switch Breakouts*
- 2:00 - 3:00 **Breakout Session 2**
- 2A. The Comprehensive Knee Exam with US**  
Jemima Albayda, MD  
Room Assignment: Andres Conference Room, Burton Building  
*Not offered virtually*
- 2B. Dementia Live**  
Kim Burton; Regina Greco, DNP, CRNP; and Jane Marks, RN, MS

BOHA Conference Room, 1<sup>st</sup> Level

*Not offered virtually*

**2C. Moving Forward: Nursing Home Quality Coalition**

Douglas Pace, LNHNA

Room Assignment: Grossi Auditorium, 1<sup>st</sup> Level

**2D. The Cognitive Assessment: Tools for Various Languages and the Interpreter**

Sohemi Pagan, MD

Room Assignment: Norman Library, 2<sup>nd</sup> Level

3:00 - 3:15 *Refreshment Break*

3:15 - 4:15 **Edmund G. Beacham Lecture: The Complexity of Multimorbidity and Impact on Older Adults and the Health Care Team**

Cynthia Boyd, MD

4:15 - 5:15 **Panel Discussion**

Cynthia Boyd, MD, Fareeha Khan, MBBS, Lisa Marcinko PA-C

5:15 *Adjourn*

5:30 - 7:00 *Reception*

**Friday, February 28, 2025**

7:30 - 8:00 Continental Breakfast

8:00 - 8:30 **Teasing Out Depression**

Susan Lehmann, MD

8:30 - 9:00 **Lyme Disease**

John Miller, MD

9:00 - 9:30 **Patient Centered Note Writing**

Stephanie Nothelle, MD

9:30 - 9:50 **Panel Q & A**

Susan Lehmann, MD; John Miller, MD; and Stephanie Nothelle, MD

9:50 - 10:05 *Refreshment Break*

10:05 - 11:05 **Breakout Session 3**

**3A. Patient Scenarios in Diabetes Management**

Scott Pilla, MD

Room Assignment: Grossi Auditorium, 1<sup>st</sup> Level

**3B. General Psychiatric Disorders (Bipolar, Schizophrenia, ADHD, Depression): Lifelong vs. Late Onset**

Elizabeth Wise, MD

Room Assignment: BOHA Conference Room, 1<sup>st</sup> Level

*Not offered virtually*

**3C. Patient Scenarios in Acute and Chronic Kidney Care**

Derek Fine, MD

Room Assignment: Norman Library, 2<sup>nd</sup> Level

**3D. Dizziness: Diagnosis and Management in the Older Adult**

June Nicholas, PT and Deepa Galaiya, MD

Room Assignment: Andres Conference Room, Burton Building

*Not offered virtually*

11:05 - 11:15 *Break*

- 11:15 - 12:15 **Panel In Brief**
- 11:30 - 11:45 **Mobile App**  
**TBA**
- 11:45 - 12:00 **Cardiology**  
Erin Spaulding, PhD, BSN, RN
- 12:00 - 12:15 **Primary Care**  
David Hurwitz, MD, MBA
- 12:15 - 1:15 *Lunch*
- 1:15 - 2:15 **Breakout Session 4**
- 4A. Cannabis and Opioids: The Pros and Cons**  
Daniel Mansour, PharmD  
Room Assignment: Grossi Auditorium, 1<sup>st</sup> Level
- 4B. Deprescribing and Dementia**  
Joshua Chou, PharmD  
Room Assignment: Norman Library, 2<sup>nd</sup> Level
- 4C. Caregiver Programs and Community Resources**  
Wendy Farthing, Tiffani Williams, PACE and Olivia Heldmann,  
LCSW-C, APHSW-C  
Room Assignment: BOHA Conference Room, 1<sup>st</sup> Level  
*Not offered virtually*
- 4D. Fall Prevention and Emergency Alerts**  
Dennis Klima, PhD, PT, MS, GCS, NCS  
Room Assignment: Andres Conference Room, Burton Building  
*Not offered virtually*
- 2:15 - 2:25 *Break and Return to Auditorium*
- 2:25 - 2:55 **Climate Change**  
Colleen Christmas, MD
- 2:55 - 3:25 **Anti-Obesity Medications**  
Jessica Merrey, PharmD
- 3:25 - 3:55 **Biomarkers in Clinical Practice**  
Esther Oh, MD, PhD
- 3:55 - 4:15 **Panel Q & A**  
Colleen Christmas, MD; Jessica Merrey, PharmD; and Esther Oh, MD, PhD
- 4:15 - 4:30 **Wrap Up and Adjourn**  
Jessica Colburn, MD

### **Saturday, March 1, 2025**

- 7:30 - 8:00 Continental Breakfast
- 8:00 - 8:30 **Bone Health**  
Michele Bellantoni, MD
- 8:30 - 9:00 **AI in the Outpatient Clinic Setting**  
David Hurwitz, MD, MBA
- 9:00 - 9:30 **Setting Boundaries with Patients**  
Hannah Fetting, MSN, CRNP, AGNP-C
- 9:30 - 9:50 **Panel Q & A**



	Michele Bellantoni, MD; David Hurwitz, MD, MBA; and Hannah Fetting, MSN, CRNP, AGNP-C
9:50 - 10:05	<i>Refreshment Break</i>
10:05 - 10:35	<b>Vaccination Update</b> Robin McKenzie, MD
10:35 - 11:05	<b>Scrambler / Electrical Neuromodulation for Neuropathic Pain</b> Brian Sharkey, CRNP and Dawn Merbach, CRNP
11:05 - 11:35	<b>The Mystery of Sleep</b> Thomas Finucane, MD
11:35 - 11:50	<b>Panel Q &amp; A</b> Robin McKenzie, MD; Brian Sharkey, CRNP; Dawn Merbach, CRNP; and Thomas Finucane, MD
11:50 - 12:00	Summary and Adjourn Jessica Colburn, MD
12:00	Adjourn You will receive an email notification to complete the evaluation form and to attest to the number of hours in attendance.

The registration desk will remain open during conference hours

**The Johns Hopkins School of Medicine takes responsibility for the content, quality and scientific integrity of this CME activity.**

**This schedule is subject to change.**

## ACTIVITY DIRECTORS

### **Jessica Colburn, MD**

Associate Professor of Medicine  
Director, Geriatrics Workforce Enhancement Program

### **Jane Marks RN, MS**

Assistant Director, Geriatrics Workforce Enhancement Program

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Associate Director, Geriatrics Workforce Enhancement Program

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Director, Medicine Core Clerkship  
Director, TRIPLE Course

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Director, Medical Student Training in Aging Research (MSTAR) Program

### **Hannah Fetting, MSN, CRNP, AGNP-C**

Nurse Practitioner

### **Derek Fine, MD**

Professor of Medicine

### **Thomas Finucane, MD\***

Professor of Medicine

### **Deepa Galaiya, MD**

Assistant Professor of Otolaryngology – Head and Neck Surgery  
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### **Neda Gould, PhD**

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### **David Hurwitz, MD, MBA\***

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Professor of Medicine  
Patricia B. and William T. Bright Professor in  
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Professor, Department of Psychiatry and  
Behavioral Sciences  
Clinical Director, Division of Geriatric  
Psychiatry  
and Neuropsychiatry  
Director, Geriatric Psychiatry Fellowship  
Past President, Association of Directors of  
Medical Student Education in Psychiatry  
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\* Department of Geriatric Medicine and  
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Johns Hopkins School of Medicine  
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Nurse Practitioner

**Jessica Merrey, PharmD**

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Johns Hopkins Community Physicians

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\* Department of Geriatric Medicine and Gerontology

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Center for Brain Health  
Morgan State University  
Baltimore, Maryland

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FASCP**

Assistant Dean for Equity, Diversity &  
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Baltimore, Maryland